## Protein – Nitro ProFX<sup>TM</sup>



- Tastes Great
- High in Protein
- 20 Grams of Protein
- Low in Carbs & Sugars
- Only 2 Impact Carbs
- No Trans-Fatty-Acids
- No Hydrogenated Oils
- No Artificial Sweeteners
- Naturally Flavored

Our bodies and our health are built from the foods we consume. Food should supply adequate quality and quantity of protein, carbohydrates and fats, the macro-nutrients that contain vitamins, minerals, enzymes and phytochemicals. Food therefore should supply the raw materials the body needs to defend, repair and regulate itself. With such resources the body is capable of expressions of health, healing and vitality that are miraculous!

The problem in the 21<sup>st</sup> century is not the quantity of foods available to most people, but the quality of the food. One area of dietary decline in the last century has been in quality protein intake. Protein is the body's raw material for growth and repair, building hormones for regulation and assembling antibodies for defense. Research has shown that simply increasing one's protein intake can have profound effects on blood sugar control, weight management and immune system modulation.

Lets face it. No one has trouble finding foods with sugars, carbohydrates and fats including Trans-Fatty-Acids (TFA). What people who are health conscious or dieting need is a health bar with low carbohydrates, high protein, low fats and no TFAs.

Enliven's new **Nitro ProFX**<sup>TM</sup> bars have no TFAs. They contain almost no sugars. They are sweetened with natural ingredients allowing them to have a great taste with low carbohydrates – only two net impact carbs per bar. They come in two great flavors, chocolate, made with real cocoa, and peanut crunch. To purchase immediately visit our "order products" section of our website and begin to enjoy the taste of a healthy life.

Try 'em, you'll like 'em!